

SAFESITTER

Safe Sitter® Essentials with CPR is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!



CLASS CONTENT

SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue • CPR

LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

CLASS INFORMATION

CALFIRE / PBCSD

3101 Forest Lake Road, Pebble Beach CA 93953

Contact: FC Curtis Rhodes

Cell: (831) 484-8570

Email: Curtis.Rhodes@fire.ca.gov

